



TOD MAN PLA
Deep-fried fish cakes



GAENG JUED RUAMMIT SARAI TALAY
Clear soup with mixed seafood and seaweed



NEU PLA KAO PHAD PRIK KAMIN SOD Sautéed garoupa fish fillet with chili and turmeric



GAENG KEOW WAN GAI Green curry with chicken



KAO NIEW MAMUANG
Thai Sweet Sticky Rice with Mango







TOD MAN PLA

Deep-fried fish cakes





PREP 20 mins



COOKING 10-15 mins

INGREDIENTS

FISH CAKES

 Fish filet (Mackerel) 	160 grams
 Long beans or string beans 	100 grams
(thinly cut)	
 Red curry paste 	50 grams
 Kaffir lime leaves 	3 pieces
• Palm sugar	100 grams
• Fish sauce	1 tbs.
• Egg	1 egg
 Cooking oil 	50 ml.

CUCUMBER RELISH SAUCE

 White sugar 	100 grams
 White vinegar 	50 ml.
 Cucumber (thinly sliced) 	50 grams
 Red chili (thinly cut) 	1 piece
 Shallot (finely sliced) 	1 piece

PREPARATION

FISH CAKES

- Cut fish into small pieces and mince and pound it until it is a paste.
- Add red curry paste and long beans and mix well with fish meat.
- Add all other ingredients-egg, palm sugar, kaffir lime leaves.
- Seasonwithfishsauce.
- Knead the mix ture well with your hands until sticky enough to roll into balls.
- Flatten the fish balls about 2 inches wide and 1/2 inch thick.
- Fry fish cakes unti Igolden brown on both sides.

CUCUMBER RELISH SAUCE

- Cook vinegar and sugar over low heat around 5-10 minutes until the sugar dissolves.
- · Let cool.
- Add cucumbers, shallots and chilies into the vinegar Mixture.







GAENG JUED RUAMMIT SARAI TALAY

Clear soup with mixed seafood and seaweed







INGREDIENTS

 Mixed seafood 	120 grams	
	(shrimps, squids, fish etc.)	

- Chinese white lettuce 50 grams
- Spring onion (cut into 1" long) 10 grams
- Chinese celery
 10 grams
 (cut into 1" long, keep 2-3 leaves for garnishing)
- Black dried seaweed 2 pieces (cut into 1" piece)
- Salted turnip 10 grams
- Soya sauce 1 tbs.
- Chicken stock 11/2 cup
- Fried crispy garlic
 1 tbs.

- Boil mixed seafood in chicken stock.
- Add white lettuce, spring onion, celery and seaweed. Season with soya sauce and salted turnip.
- Stir until mix well. Remove from heat.
- Garnish soup with fried garlic and Chinese celery leaves before serving.







NEU PLA KAO PHAD PRIK KAMIN SOD

Sautéed garoupa fish fillet with chili and turmeric





PREP 25 mins



COOKING 10 mins

INGREDIENTS

Garoupa fish fillet (sliced) 500 grams
 (or other kind of sea fish with firm flesh)

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• Fresh turmeric	100 grams
 Shallot (thinly sliced) 	50 grams
 Garlic 	50 grams
 Red bell pepper 	30 grams
 Green bell pepper 	30 grams
 Red chilies 	2 pieces
 Sweet basil leaves 	20 grams
• Fish sauce	1 tbs.
 Oyster sauce 	1 tbs.
 White sugar 	1/2 tbs.
 Cooking oil 	50 ml.

- Deep fry fish fillet in medium-high heat oil until golden brown.
- Remove and set aside to keep warm
- Add oil in a wok, when hot, add all vegetables (turmeric, shallot, peppers, chilies, sweet basil leaves, garlic) and stir fry until cooked.
- Season with fish sauce, oyster sauce and white sugar.
- Place the fish on a plate, top with sautéed vegetables.







GAENG KEOW WAN GAI

Green curry with chicken







COOKING 10 mins

INGREDIENTS

	Chickon	broast	(dicod)
•	Chicken	piedai	(SIICEU)

Green curry paste

· Coconut milk

Small eggplant

• Pea eggplant

• Red chili

Kaffir lime leaves

• Sweet basil leaves

• Fish sauce

• Palm sugar

Cooking Oil

140 grams

30 grams

150 ml.

4 pieces

100 grams

2 pieces

3 pieces

20 grams

1 tbs.

1 tbs.

50 ml.

- Stir fry green curry paste in oil until fragrant.
- · Add coconut milk little by little.
- Boil until coconut milk begins to have oily sheen.
- Add chicken and eggplants and cook for 5-10 minutes.
- Season with fish sauce and palm sugar.
- · Add kaffir lime leaves.
- When cooked, add sweet basil leaves and chilies. Ready to serve.







KAO NIEW MAMUANG

Thai Sweet Sticky Rice with Mango





PREP 20 mins



COOKING 20 mins

INGREDIENTS

SWEET COCONUT STICKY RICE

Mango

 Sticky rice 	1 cup
 Coconut milk 	2/3 cup
• Sugar	1/2 cup
• Salt	1/2 tsp.
 Roasted mung bean 	2 tbs.

SALTED COCONUT SAUCE

 Coconut milk 	1/2 cup
• Sugar	1/4 cup
Corn flour	1 tsp.

- Put the rice in the bowl, wash the rice until the water is cleared ,repeat about 5 times to get rid of access starch.
- Cover the rice with 2 or 3 inches of water and soak for at least 6 up to 24 hours.
- Drain the soaked rice and pour it into stream basket or streamer. Stream it for 20 minutes.
- While waiting for the sticky rice to be cooked, Boil the coconut milk add sugar and salt in medium heat until it hot but not too boiling
- The soon as the rice it done put in the bowl immediately pour the coconut mixture into cooked sticky rice.
- Cover and rest them around 20 minutes, stir it by folding the bottom up and cover it for another 20 minutes.
- Making the salted coconut sauce by combining the coconut milk ,salt, corn flour, stirring until dissolve completed.
- Bring to the boil and keep stirring all the time until the liquid start bubbling and the sauce get thicker then remove from the heat.
- Prepare the mango and serve with sticky rice.



